



Catalyzing the leader within you

CMA (Dr.) S. K. Gupta

Contact : 98101 62341 • E-mail : Cbst.sk Gupta@gmail.com

Leadership is one of the most observed and least understood phenomena on earth. The literature on leadership can be discouraging. After reading multiple case studies, theories, and biographies, one can be left with the impression that being a leader or achieving leadership is next to impossible.

Leadership is not a role, not a person, not a job title. Leadership is an act or a behavior. By limiting it and attributing leadership to a few great men, We have made it into something beyond the reach of common men. Actually, It is a process ordinary people use when they are bringing forth the best from themselves and others.

Leadership is something we can all do.

We spend so much time celebrating amazing things that hardly anybody can do that we've convinced ourselves that those are the only things worth celebrating, and we start to devalue the things that we can do every day. The world needs ordinary leaders. We must look for heroes in our midst.

"We need to redefine leadership as being about life changing moments -how many of them we create, how many of them we acknowledge, how many of them we pay forward, and how many of them we say thank you for. We've made leadership about changing the world, and there is no world, there are only six billion understandings of it. And if you change one person's understanding of it, one person's understanding of what they're capable of, one person's understanding of how much people care about them, one person's understanding of how powerful an agent of change they can be in this world, you've changed the whole thing " -Drew Dudley

The leadership challenge

"Each of us have leadership instincts within us. The challenge is to realize this capacity. Becoming an effective leader, you see, is not about becoming a master of all leadership skills, Rather, it is about understanding self, recognizing your strengths and weaknesses and then finding ways to nurture the former and overcome the latter. It's time to lead small. For too long leadership has been something "out there" that "other people" did. Leadership needs to be doable. We can all exercise leadership some of the time. Let us celebrate leadership as the everyday act of improving each other's lives.

Intentional Behaviors for big Impact : Believe in yourself, Respect yourself, Build self confidence, Accept challenge, Express gratitude, Develop empathy, Cultivate honesty, Inspire others, respect time, Say sorry and Thank you instantly

Small , everyday acts of leadership :

- Say "I love you" to someone you love.
- Bring your assistant coffee
- Call or write to a teacher who changed your life
- Let a fellow driver merge into your lane
- Bring a box of doughnuts to share at the office
- Encourage someone who seems despondent.
- Write a note to the boss of someone who helps you, and explain how great a job that person is doing.
- Help a friend pack for a move
- Leave a generous tip for a pleasant waiter.
- Pass along a great book you've just finished reading
- Ask someone "How are you really doing?"-and then really listen to his / her response.
- Offer change when the person in front of you comes up short
- Forgive someone a debt-and never bring it up again
- Don't interrupt when someone is explaining himself
- Pay some amount , give somethings to your maid occasionally
- Smile and be friendly
- Donate something you don't use.
- Stop to help
- Comfort someone in grief.
- Show appreciation, publicly.
- Just be there if someone is in need

Conclusion

Developing yourself to become the leader you have the potential to be will change everything for you. It will add to your effectiveness, subtract from your weaknesses, divide your workload, and multiply your impact. Imagine the difference you could make when you become the best leader you can be. Leadership is about making the contribution only you can make for your family and friends, your community or organization, your country or the world. Everyday acts of talking, listening and seeing together create the conditions where each and every person is able to flourish. Leadership isn't about winning. It's not about pleasing people, and it's certainly not about titles. Leadership is about making the contribution only you can make for your family and friends, your community or organization, your country or the world.